

Springwell Study Skills

Better Students Make Better Schools



Every student studies differently and what works for one student may not work for another. For some students, studying and being motivated to learn comes easy. However, for most students, studying is a constant battle because they have poor study skills which leads to wasted time, frustration, and low grades. "I studied, but I still did poorly on the test." This all too often repeated refrain by students is often a direct result of poor study skills.

The Springwell Study Skills program is specifically designed to help students develop effective study skills. **Just like any other skill, students can learn to study.** By using the proven techniques taught in our Study Skills program, students can gain a valuable edge in the classroom, preparing for tests, and, ultimately, learning.

Better students make better schools . As your students improve their study skills, better classroom grades and performance on state tests will follow.

The Study Skills program is broken into five modules: (Takes about 2 hours to complete)

Assessment

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- Student's current study habits
- Left brain/Right brain dominance
- Multiple Intelligence Inventory
- Learning style (visual, auditory, kinesthetic)

Time Management/ Goal Setting

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Students learn how to set short, medium, and long term goals. Students learn how to maximize the use of their time and how to use a daily organizer to keep organized and on task. Students learn how to prioritize their assignments so they can avoid the "mad rush" to get things done at the last minute.

Memory Development

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Students learn techniques to help them retain more of what they learn and recall the information when needed.

Note Taking

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Students assess their current note taking skills and learn new techniques to improve.

Test Taking

Test Taking

Students assess their current test taking skills and learn new strategies to improve.

